



TRAINING CHAMPIONS SINCE 1990

ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ
11:00-12:00 Kick Boxing Beginners & Intermediates		11:00-12:00 Kick Boxing Beginners & Intermediates			11:00-12:00 Kick Boxing Beginners & Intermediates
17:00-17:50 Kick Boxing Fundamentals	17:00-17:50 Kick Boxing Kids	17:00-17:50 Kick Boxing Fundamentals	17:00-17:50 Kick Boxing Kids	17:00-17:50 Boxing Fundamentals	
18:00-18:50 Kick Boxing Kids & Youth	18:00-19:00 MMA Mixed Martial Arts	18:00-18:50 Kick Boxing Kids & Youth	18:00-19:00 MMA Mixed Martial Arts	18:00-18:50 Kick Boxing Kids & Youth	
19:00-20:00 Kick Boxing Beginners & Intermediates	19:00-20:00 Boxing Beginners & Intermediates	19:00-20:00 Kick Boxing Beginners & Intermediates	19:00-20:00 Boxing Beginners & Intermediates	19:00-20:00 Kick Boxing All levels	
20:00-21:00 Boxing Intermediates & Advanced	20:00-21:00 Kick Boxing Intermediates & Advanced	20:00-21:00 Boxing Intermediates & Advanced	20:00-21:00 Kick Boxing Intermediates & Advanced	20:00-21:00 MMA Mixed Martial Arts	
21:00-22:00 Brazilian Jiu Jitsu All levels	21:00-22:00 Kick Boxing Fundamentals	21:00-22:00 Brazilian Jiu Jitsu All levels	21:00-22:00 Kick Boxing Fundamentals	21:00-22:00 Brazilian Jiu Jitsu All levels	

